

Hiltz Taekwon-Do  
200 Chani Dr. Middle Sackville  
Nova Scotia, B4E 3H3  
Phone: (902) 865-2753

February 1, 2010

Dear Masters and Instructors,

Hiltz Taekwon-Do will be hosting the Nova Scotia ITF Taekwon-Do open Championship on April 17th, 2010 at Sackville Heights Junior High School in Sackville, Nova Scotia. You will find information related to the tournament and registration material attached. We have schools coming from Ontario, Quebec, Newfoundland and Nova Scotia which should make this event one to remember.

For all out of Province Instructors you can qualify to have your hotel room paid for under the following conditions. If you bring at least 5 registering students you will receive one night paid for. If you bring ten or more registering students, Hiltz Taekwon-do will pay for two nights. Instructors and students must register in our selected hotel to qualify for the free nights. Information on our recommended hotel is with this mail out.

Registration and payment will take place between 8 and 9:30 am that morning. Unfortunately due to events of the past, anyone wishing to pay by cheque must do so at least one week in advance of the tournament. Any cheques and registration forms can be sent to the address below. Anyone not registered by 9:30 will not be able to compete. The registration fee for one or two events is \$45.00. The cost for spectators is \$10.00 each.

Competitor's weights will be randomly checked the day of the tournament. If any competitor weighs more than what is reported on the registration form, she/he will be disqualified. There will be 4 medals for all divisions: 1<sup>st</sup>, 2<sup>nd</sup> and 2 thirds. Every student that competes in the tournament in both events will receive two medals. All divisions will be created the morning of the tournament.

Patterns will be done using ITF rules with two competitors side by side. Sparring will be absolutely no head contact in all divisions under green belt with controlled contact above green belt. White belt sparring divisions will be **no contact** but please train your students to be close to the target area to score points. All hand techniques are valued at one point. Kicks to the body are two points and high kicks that score are worth three points.

There will be a canteen set up that day offering hot dogs, hamburgers, drinks and such for purchase. We will also have a limited number of custom designed t-shirt for sale at the tournament site as well. You may reserve your t-shirt by e-mailing your name, size and quantity to [hiltztkd@hfx.eastlink.ca](mailto:hiltztkd@hfx.eastlink.ca).

We will have a black belt meeting at 9am that morning. Black belt judges are required for rings and in an effort to ensure that judges are available, black belts **must** complete their assigned judging rotation either in the morning or afternoon in order to participate. Black belts who are attending but are not competing are asked to volunteer to judge.

Please make cheques **payable to Hiltz Taekwon-Do**.  
I look forward to seeing you. Thank you for your support.

Sincerely yours,

David Hiltz, 6 Dan

# NOVA SCOTIA I.T.F. TAEKWON-DO OPEN CHAMPIONSHIP

APRIL 17th, 2010 SACKVILLE, NOVA SCOTIA

## INDIVIDUAL REGISTRATION FROM

(Please Print)

**FEE: \$45.00**  
**1 or 2 events**

NAME: \_\_\_\_\_ DOJANG: \_\_\_\_\_

HOME ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ PROVINCE: \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_

AGE: \_\_\_\_\_ GENDER: - (M) \_\_\_\_\_ (F) \_\_\_\_\_ BELT: \_\_\_\_\_

INSTRUCTOR: \_\_\_\_\_

I, \_\_\_\_\_ hereby submit my application for registration in the Nova Scotia I.T.F. Taekwon-do Championship, which is affiliated with the International Taekwon-do Federation. I agree to waive all claims against any person(s) connected with the tournament, for any injury that may be sustained during the tournament. I hold myself responsible for my own actions and promise to act according to the rules and regulations of the tournament and the International Taekwon-do Federation. I further agree that the Tournament Director for publicity of promotion may use any pictures taken of me or by me in connection with the tournament without compensation at this or any future time.

Applicant's Signature: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_  
(If applicant is under 18 years)

PATTERN (TUL)	JUDGES USE
Name: _____	1 <sup>st</sup> Place
Age: _____ Gender: - (M) _____ (F) _____ Belt: _____	2 <sup>nd</sup> Place
Dojang: _____	3 <sup>rd</sup> Place
Instructor: _____	4 <sup>th</sup> Place

SPARRING (MATSOGI)	JUDGES USE
Name: _____	1 <sup>st</sup> Place
Age: _____ Gender: - (M) _____ (F) _____ Belt: _____	2 <sup>nd</sup> Place
Weight: _____ Kg	3 <sup>rd</sup> Place
Dojang: _____	4 <sup>th</sup> Place
Instructor: _____	

